



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
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Semester One: [16 Credit Hours]

ENG 1000	3			
UCO 1200	3			
BIO 1101 or CHE 1101/1110	4		Yes	Begins Gen Ed Science Inquiry Perspective
Gen Ed Perspective	3			Aesthetic Perspective
SOC 1000	3		Yes	Course found in theme in Hist/Soc Pespective

Semester Two: [14 Credit Hours]

Gen Ed Perspective	3			Loc/Glob Perspective
BIO 1102 of CHE 1102/1120	4		Yes	Completes Gen Ed Science Inquiry Perspective
Gen Ed Perspective	3			Aesthetic Perspective
Gen Ed Quantitative Literacy	4			MAT 1025 required if Exercise Science Minor is Declared

Semester Three : [14 Credit Hours]

Gen Ed Perspective	3			Hist/Soc Perspective
H P 3000	3		Yes	
NUT 2202	3		Yes	Completes 2 s.h. Gen Ed Wellness Literacy
C S 1410	2		Yes	
ENG 2001	3			

Semester Four: [12 Credit Hours]

Gen Ed Perspective	3			Loc/Glob Perspective
H P 3100	3		Yes	
COM 2101	3		Yes	
Minor Course	3			Minor Required for this Major

Semester Five: [16 Credit Hours]

E S 2030	4		Yes	Students planning additional study in an allied health or medical field should take E S 2031/2032 (8 s.h. sequence)
H P 2200	3		Yes	
SOC 3100	3		Yes	
H P 4300	3		Yes	
H P 2100	3		Yes	Writing in the Discipline

Semester Six: [15 Credit Hours]

H P 3200	3		Yes	
H P 3130	3		Yes	
Minor Course	3			Minor Required for this Major
H P 3700	3		Yes	
H P 4100	3		Yes	



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Semester Seven: [14 Credit Hours]

H P 4200	2		Yes	
Minor Course	3			Minor Required for this Major
Minor Course	3			Minor Required for this Major
H P 4701	3		Yes	
H P 4400	3		Yes	

Semester Eight: [15 Credit Hours]

H P 3130	3		Yes	
Minor Course	3		Yes	Minor Required for this Major
Gen Ed Perspective	3			Third Course to Complete 9 s.h. Theme
H P 4800	3		Yes	
Minor Course	3			Minor Required for this Major

Summer

H P 4900	6	S	Yes	CAPSTONE
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General Requirements Summary

Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
122	44	ENG 1000 and ENG 2001	2.00	2.00

General Education Program Model - 44 Semester Hours Total

Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year
Sophomore Writing	3	
Perspectives:	29	
Aesthetic	6 or 9	
Historical & Social	6 or 9	



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Local to Global		6 or 9		
Science Inquiry		8		
FA Designator		LA Designator		HS Designator

Additional Notes:

- 18 s.h. in major and 9 s.h. in minor must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence.
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.



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