



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
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Semester One: [15 Credit Hours]

RC 1000	3			
UCO 1200	3			
CHE 1101	3		Yes	Begins Gen Ed Science Inquiry Perspective
CHE 1110	1		Yes	Begins Gen Ed Science Inquiry Perspective
A T 1600	3	C	Yes	
Gen Ed Experience	3			Liberal Studies

Semester Two: [15 Credit Hours]

A T 1800	2		Yes	
MAT 1020 or 1025	4		Yes	Completes Gen Ed Quantitative Literacy
H P 3100	3		Yes	
CHE 1102	3		Yes	Completes Gen Ed Science Inquiry Perspective
CHE 1120	1		Yes	Completes Gen Ed Science Inquiry Perspective
Gen Ed Experience	3			Liberal Studies

Semester Three : [17 Credit Hours]

E S 2031	4		Yes	
A T 2100	2	C	Yes	
H P 1105	2		Yes	Completes Gen Ed Wellness Literacy
A T 2300	4	C	Yes	
A T 2600	2		Yes	
RC 2001	3			

Semester Four: [15 Credit Hours]

E S 2032	4		Yes	
A T 3610	3	C	Yes	Writing in the Discipline
A T 2700	2		Yes	
A T 2400	4	C	Yes	
Gen Ed Experience	3			Liberal Studies

Semester Five: [15 Credit Hours]

A T 3600	3	C	Yes	
A T 3620	3	C	Yes	
A T 3000	3		Yes	
AT 3010	3		Yes	
Gen Ed Experience	3			Liberal Studies



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Semester Six: [17 Credit Hours]

A T 3615	3	C	Yes	
A T 3625	3	C	Yes	
A T 3400	3		Yes	
A T 3215	2	C	Yes	
A T 4025	3	C	Yes	
Gen Ed Experience	3			Integrative Learning

Semester Seven: [16 Credit Hours]

PHY 1103	4		Yes	Begins Gen Ed Science Inquiry Perspective (if CHE not used)
A T 4000	4		Yes	
A T 4030	3	C	Yes	CAPSTONE
Gen Ed Experience	3			Integrative Learning
Free Elective	3			

Semester Eight: [13 Credit Hours]

PHY 1104	3		Yes	Completes Gen Ed Science Inquiry Perspective (if CHE not used)
A T 4000	4		Yes	Can be retaken for up to 8 s.h. of credit
E S 2010	3		Yes	
Gen Ed Experience	3			Integrative Learning

General Requirements Summary

Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
122	44	RC 1000 and RC 2001	2.0	2.50

General Education Program Model - 44 Semester Hours Total

Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year



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Sophomore Writing	3			
Integrative Learning Experience	9			Must choose a minimum of two disciplines
Liberal Studies Experience	12			Must choose a minimum of three disciplines
Science Inquiry	8			

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- Admission to program is required. Visit <http://hles.appstate.edu/admissions> for more information.
- 800 hours in Athletic Training Room required with verification for Dean's Office needed for graduation.
- 18 s.h. in major and 9 s.h. in minor must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence.
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.



Department of Health, Leisure and Exercise Science

Athletic Training Director: Dr. Jamie Moul, mouljl@appstate.edu

828.262.7630

hles.appstate.edu