



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
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**Semester One: [15-17 Credit Hours]**

RC 1000	3			
UCO 1200	3			
BIO 1201 & 1203 or CHE 1101/1110 (BIO 1203 is taken only once for a total of 2 credit hours)	3-5		Yes	Begins Gen Ed Science Inquiry
Gen Ed Experience	3			Liberal Studies
SOC 1000	3		Yes	General Education Liberal Studies

**Semester Two: [13-15 Credit Hours]**

Gen Ed Experience	3			Liberal Studies
BIO 1202 & BIO 1203 or CHE 1102/1120 (BIO 1203 is taken only once for a total of 2 credit hours)	3-5		Yes	Completes Gen Ed Science Inquiry
Gen Ed Experience	3			Liberal Studies
Gen Ed Quantitative Literacy	4			MAT 1025 required if Exercise Science Minor is Declared

**Semester Three : [14 Credit Hours]**

Gen Ed Experience	3			Integrative Learning
H P 3000	3		Yes	
NUT 2202	3		Yes	Completes 2 s.h. Gen Ed Wellness Literacy
C S 1410	2		Yes	
RC 2001	3			

**Semester Four: [12 Credit Hours]**

Gen Ed Experience	3			Integrative Learning
H P 3100	3		Yes	
COM 2101	3		Yes	
Minor Course	3			Minor Required for this Major

**Semester Five: [16 Credit Hours]**

E S 2030	4		Yes	Students planning additional study in an allied health or medical field should take E S 2031/2032 (8 s.h. sequence)
H P 2200	3		Yes	
SOC 3100	3		Yes	
H P 4300	3		Yes	
H P 2100	3		Yes	Writing in the Discipline

**Semester Six: [15 Credit Hours]**

H P 3200	3		Yes	
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H P 3130	3		Yes	
Minor Course	3			Minor Required for this Major
H P 3700	3		Yes	
H P 4100	3		Yes	
<b>Semester Seven: [14 Credit Hours]</b>				
H P 4200	2		Yes	
Minor Course	3			Minor Required for this Major
Minor Course	3			Minor Required for this Major
H P 4701	3		Yes	
H P 4400	3		Yes	
<b>Semester Eight: [15 Credit Hours]</b>				
H P 3130	3		Yes	
Minor Course	3		Yes	Minor Required for this Major
Gen Ed Experience	3			Integrative Learning
H P 4800	3		Yes	
Minor Course	3			Minor Required for this Major
<b>Summer: [6]</b>				
H P 4900	6	S	Yes	CAPSTONE

General Requirements Summary				
Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
122	44	RC 1000 and RC 2001	2.00	2.00

General Education Program Model - 44 Semester Hours Total		
Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year



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Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
Sophomore Writing	3			
Integrative Learning Experience	9			Must choose a minimum of two disciplines
Liberal Studies Experience	12			Must choose a minimum of three disciplines
Science Inquiry	8			

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

**Additional Notes:**

- 18 s.h. in major and 9 s.h. in minor must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence.
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.



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