



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
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Semester One: [16 Credit Hours]				
RC 1000	3			First Year Writing
UCO 1200	3			First Year Seminar
BIO, CHE or PHY	4			Begins Gen Ed Science Inquiry Perspective
Gen Ed	3			Integrative Learning
HPE 2110	3	C	Yes	Pro-Block I; Must Complete Before Taking Pro-Block II Courses
Semester Two: [17 Credit Hours]				
HPE 2120	3	C	Yes	Pro-Block I; Must Complete Before Taking Pro-Block II Courses
BIO, CHE or PHY	4			Completes Gen Ed Science Inquiry Perspective
Gen Ed Quantitative Literacy	4			
Gen Ed	3			Liberal Studies
Gen Ed	3			Integrative Learning
Semester Three: [15 Credit Hours]				
HPE 2130	3	C	Yes	Pro-Block I; Must Complete Before Taking Pro-Block II Courses
C I 2300	2	C	Yes	Required for Admission to Teacher Education
RC 2001	3			Sophomore Writing
Gen Ed	3			Completes Gen Ed Integrative Learning
Gen Ed	3			Liberal Studies
Free Elective	1			
Semester Four: [17 Credit Hours]				
PSY 3010	3	C	Yes	Counts toward Gen Ed Liberal Studies; May be taken prior to or after Admission to Teacher Education
HPE 3210	3	C	Yes	Pro-Block II; Must Complete Before Taking Pro-Block III Courses
HPE 3220	3	C	Yes	Pro-Block II; Must Complete Before Taking Pro-Block III Courses
HPE 3230	3	C	Yes	Pro-Block II; Must Complete Before Taking Pro-Block III Courses
HPE 3240	3	C	Yes	Pro-Block II; Must Complete Before Taking Pro-Block III Courses
FDN 2400	2	C	Yes	Required for Admission to Teacher Education



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Semester Five: [15 Credit Hours]				
HPE 4310	3	C	Yes	Pro-Block III; Must Complete Before Taking Pro-Block IV Courses Writing in the Discipline, ACT Service Learning
HPE 4320	3	C	Yes	Pro-Block III; Must Complete Before Taking Pro-Block IV Courses Completes 2 credit Gen Ed Wellness Literacy
HPE 4330	3	C	Yes	Pro-Block III; Must Complete Before Taking Pro-Block IV Courses
HPE 4340	3	C	Yes	Pro-Block III; Must Complete Before Taking Pro-Block IV Courses
HPE 4350	3	C	Yes	Pro-Block III; Must Complete Before Taking Pro-Block IV Courses
Semester Six: [14 Credit Hours]				
HPE 4410	3	C	Yes	Pro-Block IV; Must Complete Before Taking CI 4900
HPE 4420	3	C	Yes	Pro-Block IV; Must Complete Before Taking CI 4900
HPE 4430	3	C	Yes	Pro-Block IV; Must Complete Before Taking CI 4900
C I 3400	2	C	Yes	Can only be taken after Admission to Teacher Education
Second Academic Concentration	3			
Semester Seven: [14 Credit Hours]				
SPE 3300	3	C	Yes	Can only be taken after Admission to Teacher Education
Second Academic Concentration	3			
Second Academic Concentration	3			
Gen Ed Experience	3			Completes Gen Ed Liberal Studies
Free Electives	2			
Semester Eight: [12 Credit Hours]				
EDU 4900	12	S	Yes	CAPSTONE

General Requirements Summary				
Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
120	44	RC 1000 and RC 2001	2.00	2.7

General Education Program Model - 44 Semester Hours Total		
Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year; Effective Fall 2012, waived for transfer students bringing in 30 or more hours)



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First Year Writing	3			Can be taken first or second semester of freshman year
Wellness Literacy	2			Satisfied by HPE 4320
Quantitative Literacy	4			Effective Fall 2014, HPE 3230 serves as 1 sh substitution for transfer students with only 3 sh of quantitative literacy
Sophomore Writing	3			
Science Inquiry	8			BIO, CHE or PHY Recommended
Experiences:	21			
Integrative Learning Experience	9			Select one theme, & complete courses from at least two different disciplines
Liberal Studies Experience	12			Complete courses from at least three different disciplines
<i>Designations</i>	<i>FA, LS, HS, SS</i>			<i>Complete at least 3 sh in each designator within the ILE and LSE.</i>

Additional Notes:

- *HPE GPA requirement: 2.0 cumulative GPA required for declaration, 2.7 cumulative GPA required for admission into the teacher education program, 2.7 cumulative GPA required for retention in the teacher education program, and 2.7 cumulative GPA required for graduation. The Beaver College of Health Sciences requires a minimum 2.0 major GPA for graduation.*
- *HPE grade requirements: All HPE majors must earn a minimum grade of "C" (2.0) in each required course in the major.*
- *Praxis II Scores must be submitted to the College of Education prior to graduation.*
- *Admission to Teacher Education is required for continuation in this program. Visit the Undergraduate Teacher Education Handbook at www.ced.appstate.edu for more information.*
- *Info and application for International Student Teaching located at <http://rcoe.appstate.edu/students/forms-and-resources>*
- *18 s.h. in major and 9 s.h. in minor must be at ASU.*
- *50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU.*
- *As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.*

Beaver College of Health Sciences

APPALACHIAN STATE UNIVERSITY

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